






# Activity Calendar



# February 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Wal-mart 10:00 Exercise 10:30 Resident's Meeting 2:00 Cooking Show 6:15 Minerva Drive	2 Groundhog's Day 9:30 East Main Bible Study 10:15 Nutrition News w/Kathy 1:30 Bingo 2:30 Jingo 3:00 Welcome Wagon	3 <b>Heart Awareness Day</b> <b>"Wear Red Day"</b> 9:30 Relaxation Music 10:00 Exercise 10:30 Craft Time w/Cindy 1:30 Pass The Pigs	4 10:00 Exercise 10:30 Word Search 1:30 Bingo
5 9:30 North Blvd Church of Christ 5:25 Super Bowl "Playing on Activity Room TV"	6 *Today's Activities Will Be In Private Dining Room All Day* 10:00 Exercise 10:30 Resident's Council Meeting "Informational" 1:30 Past Time w/Dorothy	7 9:30 Quilting 10:00 Exercise 10:30 Peanut Game w/Suncrest 1:30 Bingo 3:00 Bible Study w/Kirk	8 9:00 Wal-mart 10:00 Exercise 10:30 Blood Pressure Checks w/Suncrest 11:30 Birthday Luncheon 2:00 Cooking Show 3:00 Mystery Puzzle 6:15 Bethlehem	9 9:30 East Main Bible Study 10:15 Exercise 1:30 Bingo 2:30 Jingo 3:00 Stand Up & Exercise 3:00 Quilting	10 9:30 Relaxation Music 10:00 Exercise 10:30 Show N Tell 2:00 Valentine's Day Party with MTSU AHeAD 5:00 BBQ Dinner 6:00 Friday Night Singing	11 10:00 Exercise 10:30 Computer Classes 1:30 Bingo w/Middle Tennessee Christian School
12 10:30 Kingwood Church of Christ 6:15 North Blvd. Church of Christ	13 9:30 Relaxation Music 10:00 Exercise 10:30 Out to Lunch Bunch	14 Valentine's Day 9:30 Quilting 10:00 Exercise 10:30 Q & A w/Kirk 1:30 Valentine's Day with Providence 1st Graders 3:00 Bible Study w/Kirk	15 10:00 Exercise 10:30 Tennie Time 2:00 Cooking Show 6:15 Kingwood	16 9:30 East Main Bible Study 10:15 Exercise 1:30 Bingo 2:30 Jingo 3:00 Stand Up & Exercise 3:00 Quilting	17 9:30 Relaxation Music 10:00 Exercise 10:30 Craft Time w/Cindy 2:00 "Marti Gras" MTSU AHeAD Activity	18 10:00 Exercise 10:30 Word Games 1:30 Bingo
19 2:00 Crescent Church of Christ	20 Presidents' Day 9:30 Relaxation Music 10:00 Exercise 10:30 Spelling Bee 1:30 Presidents' Past & Present 3:30 Stand Up and Exercise	21 9:30 Quilting 10:00 Exercise 10:30 You Be the Judge 1:30 Bingo 3:00 Bible Study w/Kirk	22 9:00 Wal-mart 10:00 Exercise 1:30 Pamper Your Feet 2:30 Manicure Madness 3:00 Mystery Puzzle 6:15 Lascassas	23 9:30 East Main Bible Study 10:15 Exercise 1:30 Bob & Tally Green Perform 3:00 Stand Up & Exercise 3:00 Quilting	24 9:30 Relaxation Music 10:00 Exercise 10:30 Word Fun 2:00 "Game of Life" MTSU AHeAD Activity	25 10:00 Exercise 10:30 Computer Classes 1:30 Bingo
26 2:00 Science Hill Church of Christ	27 9:30 Relaxation Music 10:00 Exercise 10:30 You Be the Judge 1:30 Magazine Scavenger Hunt 3:00 Book Club 3:00 Stand Up & Exercise	28 9:30 Quilting 10:00 Exercise 10:30 Heart Health w/Guardian Home Care 1:30 Bingo 3:00 Bible Study w/Kirk	29 9:30 Quilting 10:00 Bill Sleeter Performs 1:30 Leap Day Chili Cook-off "Everyone Welcome to Compete" 6:15 Walter Hill	Physical Activities Intellectual Activities Social Activities Wellness Activities Spiritual Activities Artistic/Musical Activities	CD's & Safe Alternatives to CD's By McFarlin Financial Thursday, Feb.16th at 12:30 In Private Dining	Have a Question Call Us! <b>Kandie Ext. 5111</b> <b>Bob, Carrie, Cindy &amp; Margaret Ext. 5125</b>